

## The healing power of light

Our skin is the largest organ in the body, covering up to two square metres. Its main function is to protect us from harmful elements in the external environment, such as UVA or UVB. The health and beauty of our skin reflects our internal well-being.

## Light is a new and exciting addition in skin therapy

We are all influenced by the power of light. Just think about how good you feel on a warm sunny day compared to those cold winter evenings. The benefits of light therapy are widely recognised in modern medicine. The treatment of skin cancers, jaundiced babies and disorders such as Seasonal Affective Disorder are but a few examples. Omnilux has been developed to harness the power of light, and deliver it as a safe and effective treatment.

The following pages explain the many varieties and benefits of Omnilux light therapy for rejuvenating tired skin, as an anti ageing therapy and for clearing problem skin.

You will also see that by combining Omnilux light therapy with your current skin regimes and other aesthetic techniques such as Botox, their effectiveness can be enhanced and prolonged.

TV Presenter, Julia Carling, 38, wrote for the Daily Mail:

*"...I was asked to lie under a lamp that shines pure non-laser red light onto the skin. It encourages cell activity and blood flow to oxygenate and detox the skin while raising collagen production. It gives you an instant glow after just one treatment. I was amazed that my skin felt so wonderful. Omnilux revive is my ideal beauty treatment, one that makes me look and feel great instantly..."*

## Realise the potential of pure light therapy

- Safe, effective, non-invasive therapy
- Treats all skin types, all year round
- No side effects, no pain, no redness and no irritation\*
- No recovery time needed
- Quick and simple treatment
- Promotes the body's own natural healing response
- Treatment regimes tailored to you

## For beautiful, clear skin ...switch on the light.

Don't just take our word for it

*"Combination Facial Treatments are the most important advancement in aesthetic skin care to date."*

Source: **Dr Patrick Bowler** London, UK

*"We use Omnilux revive for photorejuvenation. There are no side effects and good results. Omnilux has the potential to be the safest and most commonly used technology for photorejuvenation."*

Source: **Dr Ron Moy MD** Los Angeles, California

*"I found a marked improvement in skin colour and texture following phototherapy with Omnilux revive and noticeable improvement in fine lines and wrinkles. More importantly, so did my patients."*

Source: **Dr J Kubota MD**

Clinical Director of the Total Beauty Clinic chain, Japan

\* Using light only therapy



 **OMNILUX**  
leaders in light therapy

A new light on skin therapy

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[www.omnilux.co.uk](http://www.omnilux.co.uk)

## The clear choice for problem skin

### THE PROBLEM

Acne is NOT caused by bad diet or greasy foods. In fact, acne develops when the sebaceous glands in a person's skin produces excess oil (sebum). This oil combines with cells that line the gland walls and clogs the skin's pores. Normal skin bacteria colonise these pores and the body's response causes the inflammation or reddening of the skin that we associate with acne.



Before



After a course of 8 treatments

### THE ANSWER

#### What is Omnilux?

One of the key bacteria responsible for the inflammation is Propionibacterium acnes or P.acnes. These bacteria produce natural chemicals called porphyrins, which are sensitive to light at different wavelengths. If stimulated, these chemicals will neutralise the bacteria and with no bacteria present inflammation will subside. Omnilux blue stimulates these chemicals and so eradicates the bacteria that cause the redness or inflammation of acne. This is combined with Omnilux revive, which has anti-inflammatory properties, this helps to minimise the redness of acne lesions and promotes healthier skin.

#### How safe is the treatment?

The light is safe and harmless to your skin and generates no heat. The light works naturally with your body to promote the healing response. The only safety measure is to wear goggles to protect your eyes from the light.

#### What results can be expected from a series of treatments?

Optimum results will be seen between 4-8 weeks after treatment. The light stimulates natural processes that go on after the treatment has stopped. Whilst studies have shown complete clearance of lesions, on average you should expect 70% of lesions to clear. We suggest that the light therapy is used in conjunction with a preparation such as salicylic acid. Your advisor can discuss this combination treatment with you.

#### Are there any side effects from the treatments?

No. There have been no reported adverse side effects like redness or irritation from the treatment, and the light does not damage skin in any way.

#### Is it painful?

Not at all because there's no heat involved there's no pain!

#### What actually happens during the treatment?

You will have to remove any make up or sunblock before the treatment and you will also be asked to wear some safety goggles. The light will then be positioned close to your face and the treatment will last 20 minutes. After that you're free to go home.

The treatment course is usually 8 light treatments. Dependent upon your type of acne, your advisor may also suggest using a face wash and a gel containing salicylic acid.

## Rejuvenating tired skin

### What is Omnilux revive?

A totally pure, visible red light used to stimulate the deeper skin tissue, leading to improved skin tone and elasticity.

### How does it work?

Omnilux revive works with the body's own natural processes to counteract the effects of ageing. Because the light stimulates the body's natural repair mechanisms it is excellent at enhancing the effect of other aesthetic treatments.

### What will I see?

In trials subjects report an overall lifting and hydrating effect, an improvement in skin tone and texture, an evening-out of pigmentation and, in many cases, a smoothing effect on fine lines and wrinkles.

### Is it safe?

The scientifically designed light source does not have harmful UVA or UVB. You will experience a feeling of relaxation and well-being during and after the treatment. The light source has been used in hospital dermatology and oncology departments for more than fifteen years for the treatment of non-melanoma skin cancer.

### How many treatments are needed?

This depends upon your individual treatment regime. Your therapist or advisor will advise you on how many treatments may be suitable for your particular needs.

### How long will the treatment take?

Your first treatment will take 45 minutes, allowing for your initial consultation. Ongoing treatments will typically be 30 minute appointments, during which the light is administered for 20 minutes. There is no need for recovery time, and makeup can be re-applied immediately after treatment.

### Will the results be seen straight away?

This depends upon the treatment options used. The initial effects you will see are a clearer, brighter and smoother complexion, often after the first treatment. The length of the course, and skin type treated, will also effect the results seen on fine lines and wrinkles, and pigmentation.

### How long will the results last?

This will vary according to skin type and lifestyle and whether you have combined Omnilux with other treatments.



Before



After a course of 9 treatments

### What is Omnilux combination phototherapy?

A combination of pure, visible red and near infra red light to stimulate the deeper skin tissue, leading to a softening of fine lines, improved skin tone and super smooth skin.

### How does it work?

Omnilux combination phototherapy works with the body's own natural processes to counteract the effects of ageing. The different lights target specific cells which are responsible for the synthesis and repair of the skin's supportive structures.

### What will I see?

In an independent study over 80% of subjects reported a softening of fine lines after treatment and 75% reported improvement in skin softness and smoothness.

### Is it safe?

The scientifically designed light source does not contain harmful UVA or UVB. You will experience a feeling of relaxation and well-being during and after the treatment.

### How many treatments are needed?

This depends upon your individual treatment regime. Your aesthetician will advise you on how many treatments may be suitable for your particular needs.

### How long will the treatment take?

Your first treatment will take 45 minutes, allowing for your initial consultation. Ongoing treatments will typically be 30 minute appointments, during which the light is administered for 20 minutes.

### How long does it take to recover?

There is no need for recovery time, and makeup can be re-applied immediately after treatment.

### Will the results be seen straight away?

This depends upon the treatment options used. The initial effects you will see are a clearer, brighter and smoother complexion. After the course of treatments have finished you will still see an improvement in tone, clarity and skin smoothness. You will also see softening of your fine lines and wrinkles.

### How long will the results last?

This will vary according to skin type and lifestyle and whether you have combined Omnilux with other treatments. However, when you have completed your course, it is usually recommended that you have one maintenance treatment on a 4-6 week basis, as this will prolong the effects.

### Who is Omnilux combination phototherapy suitable for?

This is a very effective treatment for both men and women of any age. It is non-invasive and easy to perform.



Before



After a course of 9 treatments